

EGD with 48 hour Bravo Capsule- Patient Information

You are scheduled for a 48-hour Bravo pH study with EGD (upper scope). The Bravo pH monitoring system is used for gastroesophageal pH measurements and monitoring of gastric reflux. The study involves a pH capsule, approximately the size of a gel cap that is attached to your esophagus. During the study, the Bravo capsule measures the pH in the esophagus and transmits this information to a small receiver worn on your belt or waistband. You will be given a diary to write down the times when you have reflux symptoms (e.g. coughing, heartburn, chest pain, regurgitation), and when you eat or lie down. After the study is completed, you need to return the diary and the Bravo receiver to the hospital. The capsule will stay in place for 48 hours and then detach. The capsule is eliminated from the body.

Instructions 10 days prior to your procedure: **If you are taking blood thinners, please contact your Primary Care doctor or Cardiologist** for specific instructions in regards to stopping your blood thinner. If you are unable to stop your blood thinner, please call our office and speak with a nurse (Warfarin/Coumadin/Jantoven, Xarelto/Rivaroxaban, Eliquis/Apixaban, Plavix/Clopidogrel, Effient/Prasugrel, Brillinta/Ticagrelor, Savaysa/Edoxaban, Pradaxa/Dabigatran, Pletal/Cilostazol or Aggrenox/Dipyridamole). If your specific medical condition allows, it is safest if performed off these medications.

You do not need to hold Aspirin products.

Please stop your PPI for 7 days (Prilosec/Omeprazole, Dexilant/Dexlansoprazole, Prevacid/Lansoprazole, Protonix/Pantoprazole, Aciphex/Rabeprazole, Nexium/esomeprazole, and Zegerid).

Please stop your H2 Blockers for 3 days (Zantac/Ranitidine, Pepcid/Famotidine, Tagamet/Cimetidine, Axid/nizatidine).

Stop Tums 24 hours prior to procedure.

Hold Metformin 12 hours prior to the procedure.

You must be accompanied by a friend or relative OF LEGAL AGE (18 years or older) to drive you home. You may not go home by uber, taxi or transportation bus. If you do not have a driver, your procedure may be cancelled.

DAY OF PROCEDURE: NO SMOKING day of procedure. No gum, mints or chewing tobacco 4 hours prior.

DO NOT EAT ANY SOLID FOOD AFTER MIDNIGHT PRIOR TO YOUR PROCEDURE.

Clear liquids must be limited to no more than 6 ounces after midnight until four hours prior to your scheduled procedure.

If you are on insulin, please hold your morning dose the day of the procedure.

You should take your morning meds with a sip of water (EXCEPT ANTICOAGULANTS, AND METFORMIN as previously mentioned)

You must have NOTHING BY MOUTH FOUR HOURS BEFORE YOUR PROCEDURE.

You may brush your teeth.

WHAT TO BRING WITH YOU

Bring your insurances cards and any payment or co-payment required for the procedure.

Bring your driver's license or photo ID and your completed paperwork.

If you do not use our patient portal website, please bring a list of all medications you are currently taking, (this includes over the counter medications, herbs and vitamins). Your Procedure is scheduled at:

_____ North Kansas City Hospital 2800 Clay Edwards Drive, KCMO 7th floor pavilion – GI Lab

_____ CenterPoint Medical Center 19600 E. 39th Street, Independence, MO Check in: Admissions

_____ Liberty Hospital 2521 Glenn Hendren Drive, Liberty MO check in Patient Registration

ARRIVAL TIME **Test Date** _____

If you have any questions or concerns regarding this test, Please call our office at 816- 478 -4887.