

## EGD PREPARATION

Patient \_\_\_\_\_

Doctor \_\_\_\_\_

Date \_\_\_\_\_

Arrival Time \_\_\_\_\_

Procedure Time \_\_\_\_\_

### LOCATIONS:

<p>_____ <b>St. Luke's Outpatient Surgery Center</b> 120 NE St. Luke's Blvd. Lee's Summit, MO 64086</p>	<p>_____ <b>Lee's Summit Medical Center</b> 2100 SE Blue Pkwy. Lee's Summit, MO 64063</p>
<p>_____ <b>St. Luke's East Hospital</b> 100 NE St. Luke's Blvd. Lee's Summit, MO 64086</p>	<p>_____ <b>College Park (CP Surgicenter)</b> 10787 Nall Ave Ste 100 Overland Park, KS 66211</p>

**To ensure that your test is accurate and complete, you *must* follow these directions. If you have questions, please call our office at 816-554-3838. Summit Gastroenterology is dedicated to providing you with quality health care. *You matter to us!***

## INSTRUCTIONS

### *A week before your procedure:*

Check with your prescribing doctor to make sure it is safe to hold prescription blood thinners (i.e. Coumadin/Pradaxa) for 4 days prior. No aspirin or plavix the day of the procedure.

- Nothing to eat or drink after midnight for procedures scheduled before noon.
- However, if your test is scheduled after 12 p.m., you may have water 6 hours prior to scope time.
- Check with your prescribing doctor to make sure it is safe to hold prescription blood thinner: \_\_\_\_\_ for \_\_\_\_\_ days prior. Please do not take any Aspirin or Plavix the day of your procedure.
- Hold prescription diet pills, ie-phentermine, 7 days prior to procedure.
- Hold weekly dosing of GLP's: Trulicity (Dulaglutide), Bydureon BCise (Exenatide), Mounjaro, Zepbound (Tirepatide), Ozempic, Wegovy (Semaglutide). \*HOLD 1 WEEK PRIOR TO PROCEDURE.
- Hold Steglatro (ertgliflozin), 4 days prior to procedure. \*HOLD FOR 96 HOURS PRIOR TO PROCEDURE.
- Hold Jardiance (empagliflozin), Invokanna (canagliflozin), Farxiga (dapagliflozin), 3 days prior to procedure. \*HOLD FOR 72 HOURS PRIOR TO PROCEDURE.
- You will need a driver – sedation is given – someone will need to stay with you for 12 hours after procedure
- No work, no driving, operating machinery, or making legal decisions x 24 hours after procedure
- Take any heart, blood pressure, or seizure medications in the morning the day of the procedure with sip of water.
- Hold all other medications the day of the procedure.
- **No smoking or vaping the day of the procedure. No chewing tobacco. Avoid ALL tobacco products day of procedure. No chewing gum the day of the procedure.**
- Hold daily dosing GLP's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). \*HOLD DAY BEFORE AND DAY OF PROCEDURE.

**\* \* During your procedure you will be administered either general anesthesia or heavy sedation.**

**For your safety, it is essential you follow the above listed instructions. \* \***

Failure to comply with these instructions will result in the cancellation or delay of your procedure. Judgment will be made by your anesthesia provider.

### **\*\*Cancellation Policy\*\***

**\$100 fee for cancellation of endoscopy appointments with less than 72 hours notification.**

### **\*\*Insurance Information\*\***

**Our office may verify insurance benefits and contact you to discuss our procedure fee.**